

The Family & Couple Therapy Service

Integrative Behavioural Couple Therapy (IBCT): Including Couple Therapy for Depression:

Dates: 17th, 18th, 19th, 25th and 26th April 2012 (10am to 4pm)

Venue: Prudence Skynner Family & Couple Therapy Clinic, Springfield University Hospital, 61 Glenburnie Road, London, SW17 7DJ

Numbers of training places: 14

Cost: £600

Integrative Behavioural Couple Therapy (IBCT) integrates the evidence base of three models of Couple Therapy – systemic, emotionally focused couple therapy and behavioural skills and theories. It is a model that is relevant to working with all couples.

This five day course has been developed by the Working Group for Couple Therapy for Depression, established by the Department of Health. This was in order to offer an IAPT (Improving Access to Psychological Therapies) intervention to couples with depression.

The course is aimed at:

- Professionals working with couples wishing to update their knowledge of the IBCT model
- Professionals working in an IAPT service wishing to develop couple therapy (previous knowledge of couple and relational/systemic therapies will be helpful for course members).

Trainers:

Annie Turner: Head of Family and Couple Therapy South West London and St. George's Mental Health Trust, Systemic Psychotherapist, Psychosexual Therapist and former Course Director of the Masters Programme in Couple Therapy for RELATE. Annie has developed an IAPT Couple Therapy Service in South West London & St. George's Mental Health Trust.

Gill Wyse: Consultant Systemic Psychotherapist with many years experience of working with couples in a NHS Adult Psychotherapy Service in the South West London and St. George's Mental Health Trust and private practice.

For details and application forms please contact Annie Turner or Noreen Rooney at Annie.Turner@swlstg-tr.nhs.uk , Noreen.Rooney@swlstg-tr.nhs.uk or 0203 513 6195